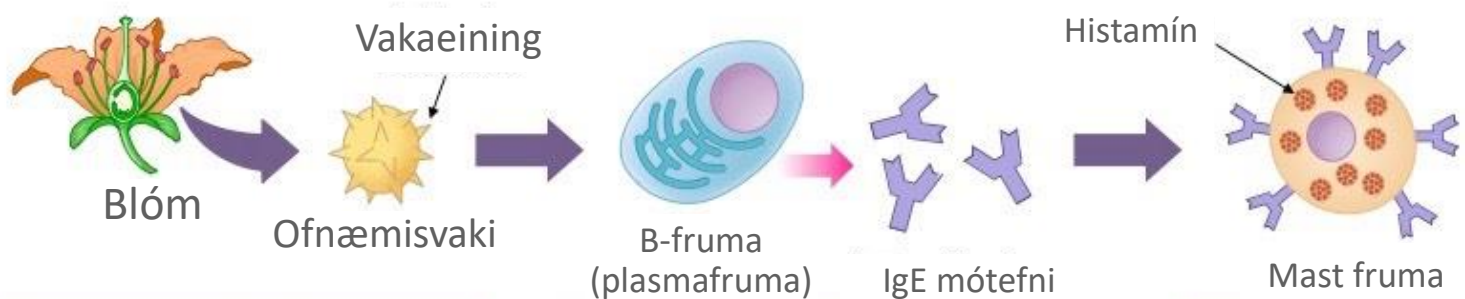


# OFNÆMISLYF

VAL Á MEÐFERÐUM Í LAUSASÖLU



### Næming: Fyrsta útsetning fyrir ofnæmisvaka

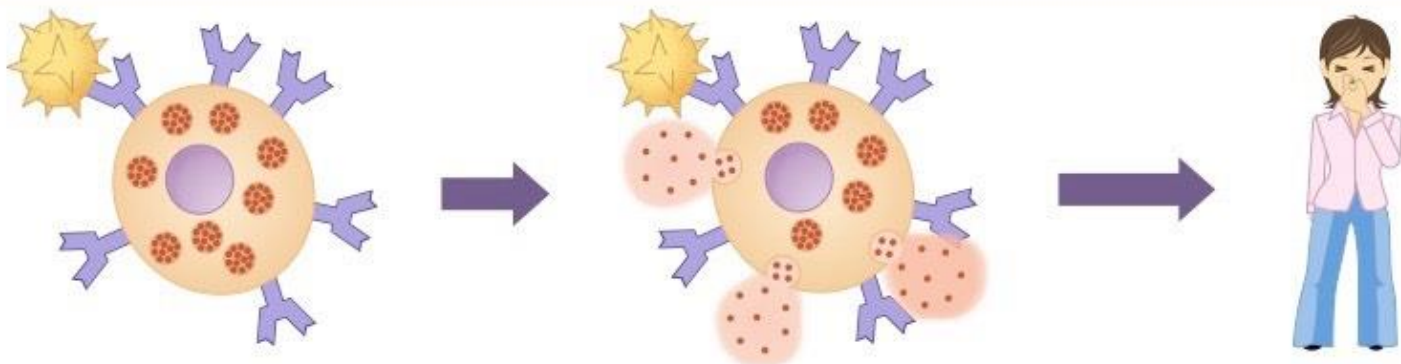


Ofnæmisvaki (svo sem frjókorn) kemst í blóðrás

B-frumur örvast í plasmafrumur og seyta mótefnum (IgE)

Mótefni (IgE) festast á mastfrumur

### Ofnæmisviðbragð: Önnur útsetning fyrir sama ofnæmisvaka



Ofnæmisvaki binst við mótefni á mastfrumum

Mastfrumur losa histamín

Ofnæmisviðbragð framkallað

# OFNÆMI

# EINKENNI

## Einkenni ofnæmiskvefs

1. HNERRI

2. HÓSTI

3. KLÁÐI Í MUNNI, NEFI EÐA HÁLSI

4. BÓLGA EÐA BLÁMI Í KRINGUM AUGU

5. NEFRENNSLI

6. SVIMI

7. NEFSTÍFLUR

8. KLÁÐI, TÁRARENNSLI EÐA ROÐI Í AUGUM



OFNÆMISKVEF  
EÐA ALMENNT  
KVEF?

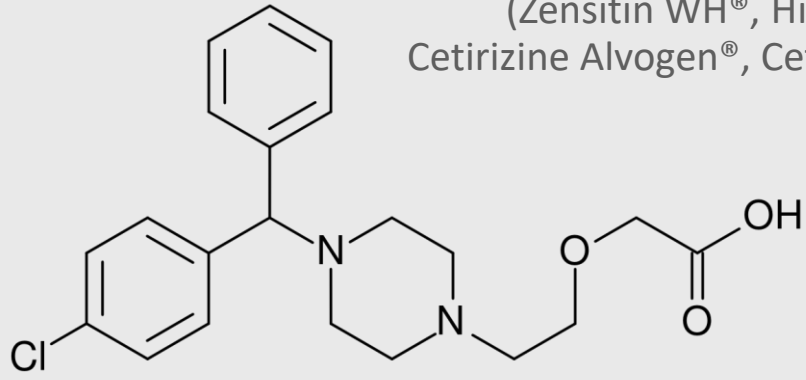
# MEÐFERÐIR VIÐ OFNÆMI (ÁN LYFSEÐILS EÐA FREKARA INNGRIPS)



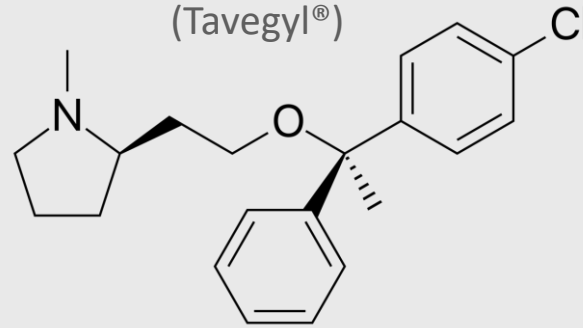
# ANDHISTAMÍN

## TÖFLUR Í LAUSASÖLU

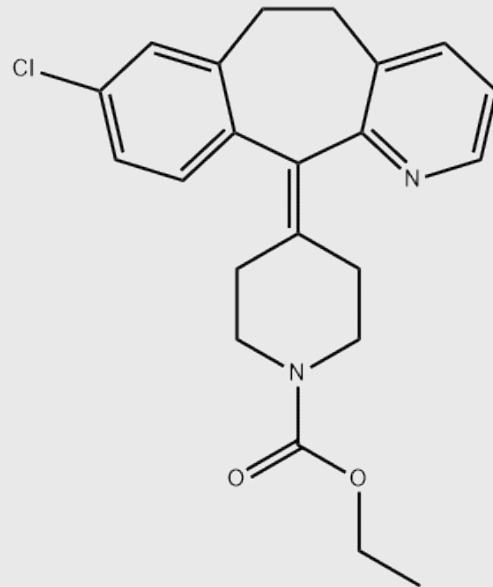
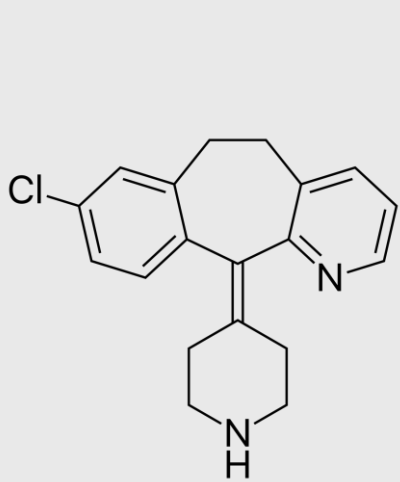
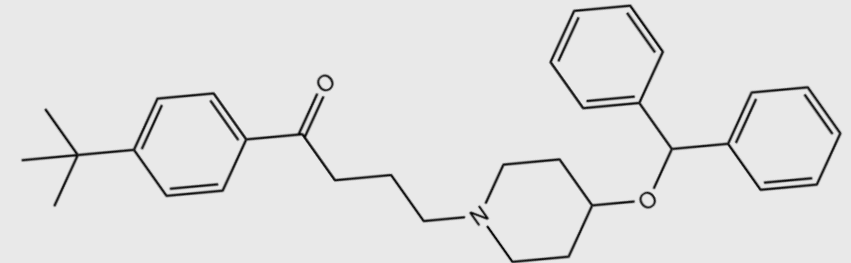
Cetirizine  
(Zensitin WH<sup>®</sup>, Histasín<sup>®</sup>,  
Cetirizine Alvogen<sup>®</sup>, Cetirizin STADA)



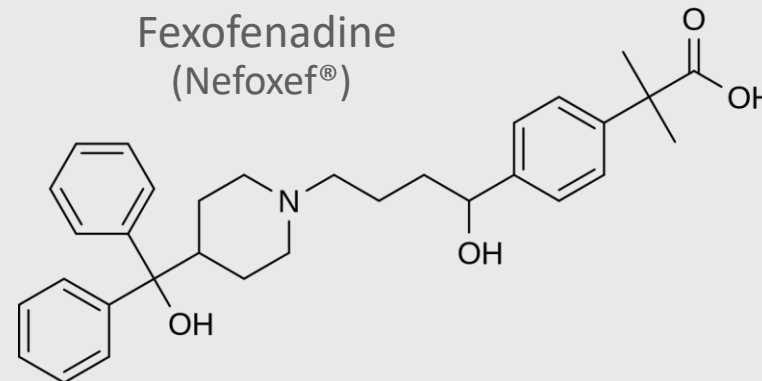
Clemastine  
(Tavegyl<sup>®</sup>)



Ebastine  
(Kestine<sup>®</sup>)



Fexofenadine  
(Nefoxef<sup>®</sup>)



Desloratadine  
(Flynise<sup>®</sup>, Dasergin<sup>®</sup>,  
Desloratadine Alvogen<sup>®</sup>)

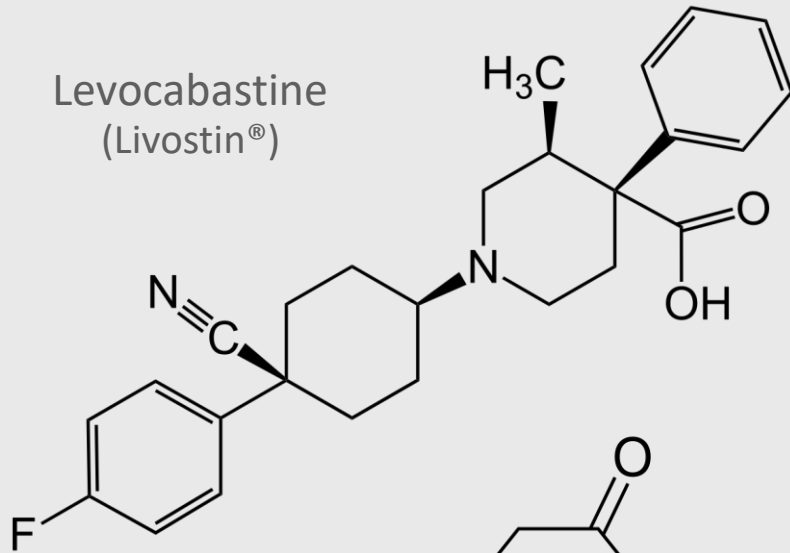
Loratadine  
(Clarityn<sup>®</sup>, Lóritín<sup>®</sup>)



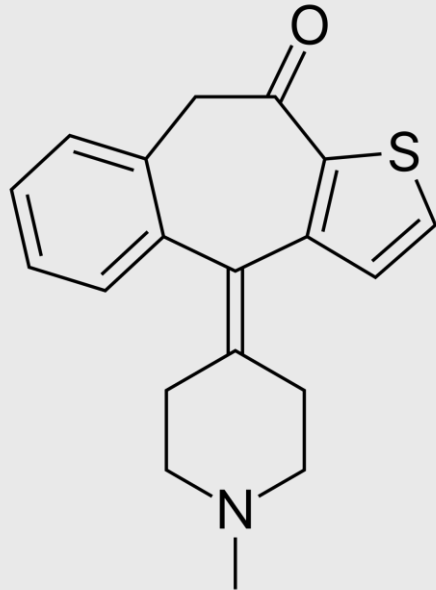
# ÖNNUR LYFJAFORM Í LAUSASÖLU

## ANDHISTAMÍN

Levocabastine  
(Livostin®)

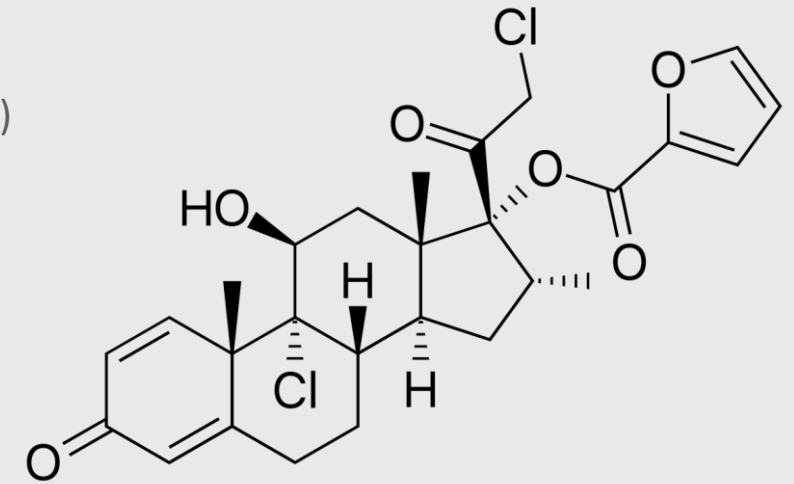


Ketotifen  
(Zaditen®)



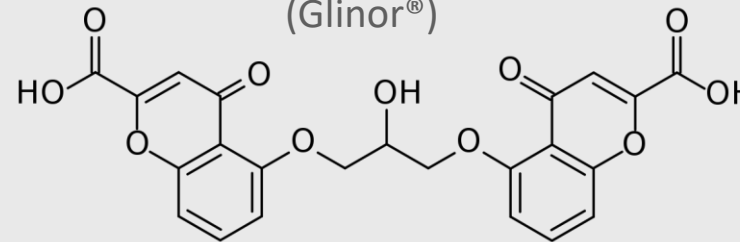
## BARKSTERAR

Mometasone  
(Nasonex®, Mometason Apofri®,  
Kalmente®, Mometasone Actavis®)

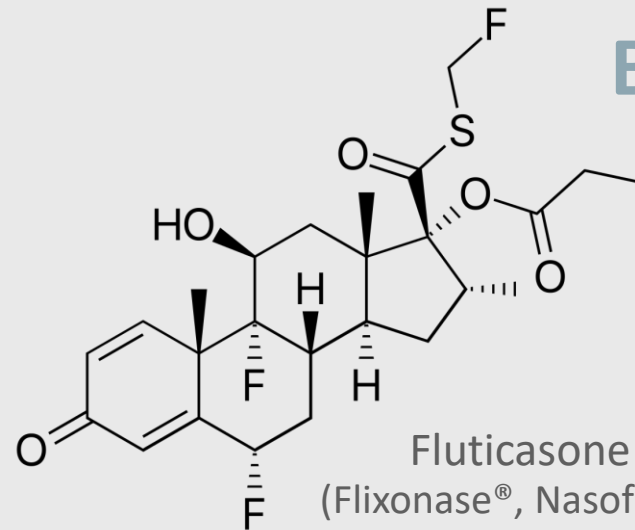


## KRÓMÓNAR

Krómóglíkat  
(Glinor®)



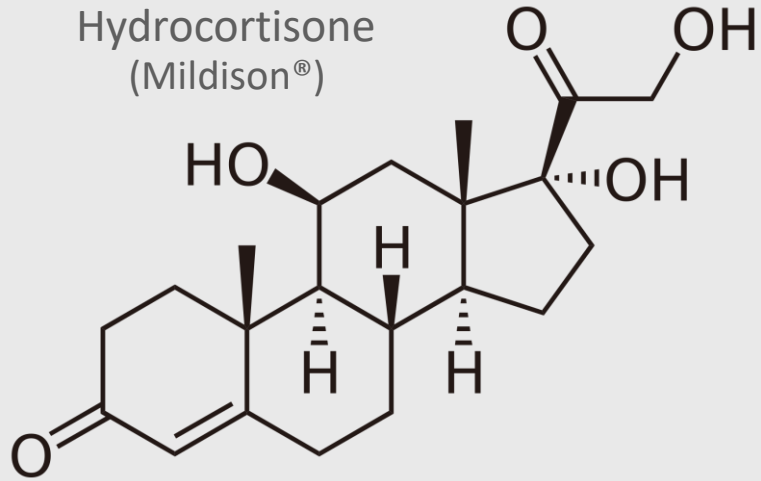
Fluticasone  
(Flixonase®, Nasofan®)



# ANNAÐ Í LAUSASÖLU

## BARKSTERAR

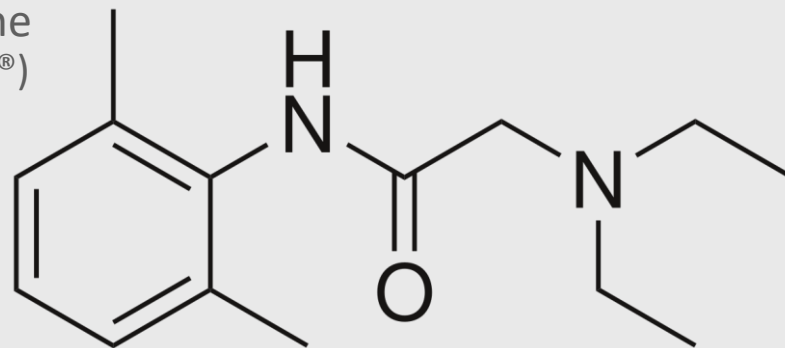
Hydrocortisone  
(Mildison®)



Á HÚÐ

## STAÐDEYFANDI AMÍÐ

Lidocaine  
(Xylocain®)



LJÓSMEDFERÐ VIÐ  
OFNÆMISKVEFI

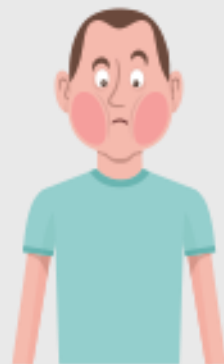




Útbrot



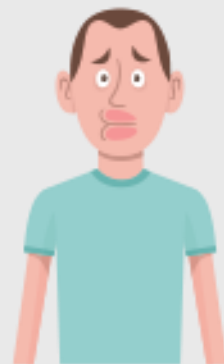
Kláði í munni



Bólgur í andliti



Bólgin tunga



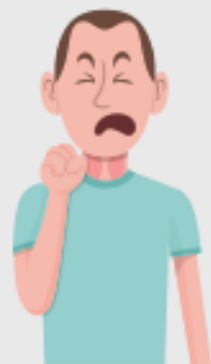
Bólgnar varir



Ógleði eða  
uppköst



Magaverkir



Öndunar-  
örðugleikar



Svimi



Niðurgangur

# BRÁÐA- OFNÆMI



# Zensitin WH – 10 mg cetirizine

